

This Month at

PROJECT SAGE

February 2023

In recognition of Women's History Month, **Interlaken Inn** has generously chosen to support Project SAGE through a portion of room sales for the month of March and two wonderful events. Please help us spread the word!!!

Try your luck at Trivia Night with Great Falls Brewery at Interlaken's wonderful restaurant, Morgan's, on **Friday March 17th** from 7 pm. Reservations are required. There will also be a raffle & a 50/50 cash drawing.



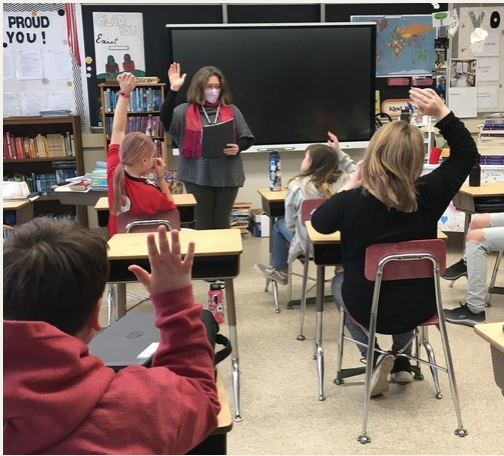
Trivia Night Fundraiser

Spoil yourself the weekend of March 24th during the Spring Celebration with Bantam Blooms and Riga Yoga. This package includes a room, a floral arranging class with Bantam Blooms, and lakefront yoga with Riga Yoga.



Blooms & Yoga Fundraiser

Spotlight on Project SAGE PreK - Grade 12 Education



The ability to develop and maintain healthy relationships with family, peers, and other community members is one of the five key "ingredients" that researchers* have identified as critical to youth development. Project SAGE helps address this need with our Youth Education Program. Spanning pre-K to Grade 12, Youth Education teaches foundational relationship skills such as empathy, communication, and conflict mediation through age-appropriate activities, interactive projects, and guided discussions. Interested in learning more? Project SAGE hosts free Parent and Caregiver Workshops that explore our curriculum in greater detail and help adults continue the conversations at home with their own kids. The next round of workshops begins in May; email Linda at lindac@project-sage.org for more information.

*Roth, J., & Brooks-Gunn, J. (2000). What do adolescents need for healthy development? Implications for youth policy.

Social Policy Report, 14(1), 3-19.

Don't Miss Out!

The **Trade Secrets Rare Plant and Garden Antiques Sale** is the major fundraising event for Project SAGE, providing critical support for our programs and client services.

Please join us for garden tours on Saturday, May 20th and the Rare Plant and Garden Antiques Sale on Sunday, May 21st.

Access some wonderful perks by becoming an Underwriter today!

UNDERWRITE

Resource Roundup

ARTICLE AND TOOLKIT

Teens and young adults of all genders are at the highest risk of experiencing dating and domestic violence, with young women ages 16 to 24 in particular experiencing intimate partner violence at almost triple the national average. This article and accompanying toolkit outline how to recognize abuse when it happens to young people and how to take action.

[Understanding Teen Dating Violence](#)

ARTICLE

Parental controls are software tools that allow parents and caregivers to restrict their children's access to content on electronic devices. Need help navigating the options and -- more importantly -- the conversations with your kids? Read this:

[Family Guide to Parental Controls](#)

ANONYMOUS TIP LINE

CyberTipline is the nation's centralized reporting system for the exploitation of children. The public can anonymously report suspected child sex trafficking, online enticement of children for sexual acts, unsolicited obscene materials sent to a child, and more. Visit: [CyberTipline](#)

STUDIO 61 NEWS INTERVIEW

Trafficking happens everywhere there are people. Watch as Tamarra Clark, Director of the Love 146 Survivor Care Program, discusses human and child trafficking as it occurs throughout Connecticut. [What to Know About Human Trafficking](#)

APP

Feel more secure in uncomfortable locations and situations with the Noonlight app. Simply hold down a button on your phone screen when feeling unsafe. If released, 911 is contacted and police are dispatched. To cancel the call, enter a four-digit pin. Free to download with monthly subscriptions starting at \$2.99. [Noonlight](#)

FREE WEBINAR: 3/29, 9:30am

Victims of domestic violence are survivors of traumatic experiences, which can have serious effects on how they think, act, and feel. Learn about the many ways that trauma impacts victims and survivors of domestic violence, including their interactions and decision-making processes. [Understanding Trauma in the Context of Domestic Violence](#)

VOLUNTEER



ARE YOU A CURRENT PROJECT SAGE VOLUNTEER? Remember to record your volunteer hours [here](#).

NOT A VOLUNTEER BUT INTERESTED IN BECOMING ONE? Email Linda at lindac@project-sage.org for more information.

24-hour Hotline 860-364-1900

